



**Saturday, April 9**  
*St. Peter's First Major Fund-Raiser for 2005!*  
**BASKET DREAMS AUCTION & DINNER**

**S**t. Peter's first major fund-raising event for 2005 will help you forget the recent snows and the unending mud season with an evening of live music, a catered dinner, and a silent auction of baskets filled with surprises. And it's all to help St. Peter's continue its nonpareil ministry in downtown Rockland.

Themes for the treasure baskets are still pouring in, but you can count on seeing Maine bounty, tea time, knitter's stash, baker's dozen, grandparents' cache, new car, and new baby.

For the price of dinner you can peruse the basket entries and vie in a silent auction for the ones that caught your eye—for yourself, for someone you know, or as insurance against that last-minute gift. Live entertainment will accompany the

sit-down dinner in the festively decorated parish hall.

**How can you help make this event a success? That's easy!**

Sell tickets for the dinner to your friends and join them here for a lively evening. And of course join the spirit by creating a basket with one of the ideas already floating, or come up with your own unique and brilliant concept.

For more information about the event, or to volunteer to be part of St. Peter's first major fund-raising event for 2005, contact Elizabeth Biddle at 236-4941 or 29spear@midcoast.com.



*Don't forget the opening reception for Anne Wetzel's exhibit at the Lincoln Center Friday, March 4th.*

NEWSLETTER OF ST. PETER'S EPISCOPAL CHURCH  
 White Street • P.O. Box 457 • Rockland, Maine 04841

**THE ROCK**



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# THE ROCK

NEWSLETTER OF ST. PETER'S EPISCOPAL CHURCH

White Street • P.O. Box 457 • Rockland, Maine 04841 • 207-594-8191 • Fax: 207-594-7766

www.stpetersrockland.org

## STUDIES, CONVERSATIONS, LEARNING AND JOY— AND CONFIRMATION

The Rector has begun two adult study groups. They cover the same material. They meet on Mondays, 6:30–8:00 PM, and Wednesdays, 11:00 am–12:30 PM.

During the next few weeks each group will study Elaine Pagels' book, *Beyond Belief*. There is space for newcomers in each group if you act now and let the office know of your interest. It is estimated that the groups will run through Pentecost, May 15. This will suffice for confirmation preparation for adults. The Bishop's next visit is not yet scheduled.

## CENTERING PRAYER:

### An introduction to healing of body, mind and spirit

St. Peter's Episcopal Church is offering a discussion series on Centering Prayer, a form of contemplative prayer that opens the mind, body, heart and emotions to God. The series will be held on February 6, 20 and 27 and March 6 and 13 from 9:15 – 10:15 a.m. in the Parlor at St. Peter's. The format for each discussion will include a video tape by Father Thomas Keating, the co-founder of the Centering Prayer Movement, followed by discussion, and practice of centering prayer. Beury Simons, a practitioner of Centering Prayer, was featured at the February 20 discussion. This series is being sponsored by the Centering Prayer Meditation Group at St. Peter's which meets on Wednesday evenings from 7:15 to 8:15 P.M. in the Chapel.

## Fellowship Supper Honors Volunteers

On Saturday evening, February 5, the Building and Grounds Commission hosted a fellowship supper to thank the cleaning and altar guild volunteers for their service to St. Peter's during the fall and early winter months.

Twenty five parishioners dined on a meal of crudité, baked ham, scalloped potatoes, salad, whole wheat rolls, chocolate brownies and butterscotch layer cake, all prepared by male members of St. Peter's!

Since last September, cleaning tasks formerly performed by the sexton have been undertaken by volunteers from our congregation. These include garbage disposal, washing and waxing of floors, cleaning of bathrooms and dusting and vacuuming, to name a few. The small corps of volunteers have been enthusiastic and dutiful in the performance of their duties, and the B&G Commission wanted to show its heartfelt appreciation of their efforts through this dinner, which it hopes will become a recurring event.

The group, supplemented by new volunteers, have rotated their assignments for the next "cleaning semester." There are still some tasks that are looking to be adopted by a volunteer. This ministry is a great way to experience the meaning of service to St. Peter's.

If you are interested in volunteering, please contact Jim Bowditch at 236-2272 or George Jones at 832-7412.

*Doree Fisher and Harold Van  
Lonkhuyzen, enjoy the feast.*



*Jim Bowditch subdues  
a four-legged interloper.*





### Glorious Crosses by Chris McLarty at Art of Spirit Gallery in February

Last year it was elegant eggs, this year it is an unbelievable array of jewel-tone crosses of all kinds that parishioner Chris McLarty has crafted from polymer clay. They will be on display for the month of February in the Art of the Spirit Gallery here at St. Peter's. Following last year's tradition, everything in the exhibit will be on sale with part of the proceeds going to benefit programs at the church.

"Last summer I took my jewelry to the Education for Ministry Mentor training to mark and package and sell. I usually sell enough of it to pay for my training so I take up the latest "Liturjewels"— prayerbook and hymnal earrings, Gene Robinson Can-of-Worms lapel pins (snapped up by the New Hampshire contingent before breakfast on day one), and a small assortment of crosses. Liz Ring, diocesan information czarina, upon hearing of my fundraising efforts with my eggs invited me to offer my wares at the Convention. So I stocked up on the above mentioned jewels and an assortment of Heart's Companion pins and earned over \$300 for St. Peter's.

"Aha! I offered to do Christmas fairs and Brewer accepted my offer this year in addition to St. Peter's. Now I'm making "Music is a Heart's Companion" pins for Bay Chamber Concerts. My goal of being able to work at what I love and support not only myself with it but also others, is gradually taking shape.

"So be sure to come to the exhibit and let me know which cross to put your name on. You may contact me at 236-4244." — *Chris McLarty*

About the crosses pictured: Many Christmases ago I was asked to make some cross ornaments for a theme tree. I went to my design resource *The Book of Signs* and made cut-out cross shapes of all kinds. When I wanted to make crosses for the Convention I went back to my book. In addition to the Greek cross, lower left and the Celtic, upper right, are two crosses comprised of arcs—a trinity cross and a four arch cross. In working with these shapes I evolved what I call my "Angel" cross in the center. All of these are Celtic in their knot or braided style. My love of color and working with metallic foils on polymer clay is obvious and so far limitless, I'm happy to say. I've also started teaching classes on working with polymer clay which always keeps me on my creative toes.

## THE ROCK

NEWSLETTER OF

ST. PETER'S EPISCOPAL CHURCH

*St. Peter's Parish seeks to serve God's mission of restoring all people to unity with him.*

*We open wide our door and say, in the name of Jesus Christ, "Welcome."*

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Malcolm Brooks, Choir Director

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Jim Bowditch 236-2272

JUNIOR WARDEN:

JoAnne Murphy 594-4023

Mac Deford, Treasurer

MEMBERS:

Katherine Brown, Douglas Curtis, Sr.,

Jim Curtis, Bruce Davis, George Jones,

Linda Peterson, Joanne Smith,

Pat Snow, Harold van Lonkhuyzen

THE ROCK

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Deadline for THE ROCK

is the 20th of each month.

## Letter from the Rector



We are blessed these days by a ray of sunshine here and there as the daylight increases. Such a gift of greater brightness suggests some of the action in the Lenten season—stretching. The light lengthens (Old English “lencten,” spring). We shed heavy coats and limber up from the cold winter darkness. Up here in the northern hemisphere, at least, all this makes sense as a parallel to the soul’s journey. We are always in need of stretching our minds and bodies, paying attention to what they need. We are constantly in need of getting rid of old stuff, shedding hurts and guilts of the past. And Lent is a period of doing that with full confidence that restoration and renewal will happen to us—that is, the rising sun of Easter, resurrection.

A season is a cycle and a cycle is a circle. It’s a big wonderful circle. I’m not sure many people notice what I do with my hands in the Eucharistic celebration when those words finally come: “by whom, and with whom, in the unity....” (Rite I); or “by him, and with him, and in him....”(Rite II). The bread in my right hand, I make a circle with it around the cup. This is a gesture I learned many years ago from Native American priests in a concelebration. The circle is holy. The circle (or cycle) begins and ends and begins again. Life in the creation is a never-ending series of circles. The journey of the soul, living in our bodies and minds, is part of that, not separate from it. Followers of Christ are given the gift of dwelling in his holy circle of birth, life, suffering, death, new birth, life, and so on.

Lent is the part of the journey that deals with some of the hard stuff, the unreconciled and unfinished and unrepentant pockets of resistance that cling to us because we haven’t dumped them. Some of them are off in dark corners where we can forget them and avoid them. Others are front and center blockades that we finally must deal with if we are ever going to find freedom to move ahead in our lives. Things done in the past that we’re ashamed of—things that have been done to us that cause us to carry a vengeful or envious spirit: there’s a lot of stuff in the attic (or basement) of the soul. In our 52-week liturgical year, Lent is the cycle that reminds of the possibility that in God’s grace sinners can be freed, forgiven and rejuvenated.

We have grown up thinking that Lent is a moralistically-imposed obligation to God due to our sin. Our spring season helps us to keep in focus Lent’s positive and hopeful purpose. I wonder what it feels like in the southern hemisphere, in New Zealand, for instance, as it’s getting darker and colder as autumn begins with only the prospect of the chills of winter as the ending point. Is Lent, then, a literal downer, and is Easter a muffled squeak amidst blizzards? In the prayerbook down there, one of the Ash Wednesday collects gives a clue: “God of the desert, as we follow Jesus into the unknown, may we recognize the tempter when he comes; let it be your bread we eat, your world we serve and you alone we worship.” This prayer is good for the beginning of any cycle of retreat, repentance and renewal, be it spring or fall. Lent is the reminder to us that cycles and circles appear many times and in many ways no matter where we are in the calendar year.

So, let our stretching be purposeful and hopeful. Let a repentant heart express itself and pray with joyful expectancy. Let a true regret or sorrow be offered for the gentle touch of God’s forgiveness. Let a rough-edged part of a relationship be put into the light of reconciliation. Let a deep sense of need—for patience, for understanding, for serenity—be spoken as invitation to the Spirit to come into those deep places. And may Lent be blessing for us all, for our parish, for the world.

In Christ,

*Ralph*

**B**APTISMS—Yes, Easter Eve, March 26, 5:00 PM, will be the festive service for baptisms, children and adults. Let the rector know immediately if you want to learn more.

## Annual Meeting Minutes February 13

The first order of business was to receive the minutes of the 2004 annual meeting. Those in attendance voted unanimously in favor.

Next, we received program reports from the several commissions. Marilyn Smith reported that the Episcopal Church Women have elected Gloria Young and Joan Alex as co-presidents of their chapter.

Liz Hunt reported for the Fund-Raising Work Group that more than \$8,000 was raised from fund-raising events in 2004, exceeding the goal for the year. Three major events are planned for 2005, with a total goal of \$12,000. The first is a dinner and silent auction of baskets on April 9.

Next, we turned to the slate of candidates for parish offices and vestry seats presented by the nominating committee. Don Hunt moved and Lucia Elder seconded a motion to accept the slate as nominated and instruct the clerk to cast one ballot for the slate. The motion passed unanimously.

Newly elected were: JoAnne Murphy, junior warden to a term ending in 2007

Sarah Reynolds, secretary of the vestry and clerk of the parish, to a term ending in 2007

Katherine Brown, James Curtis and Patricia Snow, vestry members, to a term ending in 2008

John Bird, Thom Buescher, Martha Rogers and Billy Smith, 2005 Diocesan Convention Delegates. Bruce Davis, Donald Hunt, Elizabeth Hunt and Sarah Reynolds, 2005 Alternate Diocesan Convention Delegates

It was also noted that Jake Thomas will serve in an unofficial capacity as assistant treasurer

Finally, we took up the 2005 budget. Following discussion, the budget was approved with the following understanding: That in June 2005 the vestry will review the budget and call a special meeting to make changes as necessary to avoid further drawdowns from capital. The motion passed unanimously.

*Respectfully submitted*

*21 February 2005*

*Sarah E. Reynolds, Clerk*



## Vestry Highlights for January

- Present: The Rev. Ralph Moore, John Bird, Jim Bowditch, Kay Brown, Bruce Davis, Mac Deford, George Jones, Deborah Oliver, Linda Peterson, Sarah Reynolds, Harold Van Lonkhuyzen, and Chris Wohler
- Absent: Doug Curtis Sr., the Rev. Isabel Polk, and Joanne Smith
- The next Vestry meeting will be February 10, at 7 P.M.
- More than \$121,000 has been pledged for 2005. Members who have not pledged for this year are encouraged to do so, in order that we may plan our programs for the year.
- A draft version of the new Parish Directory will shortly be available, thanks to the hard work of Evangelism Commission.
- There will be a Sunday School program for younger children from February 6 through Easter, to be headed by Elizabeth Biddle, with assistance from Marty Rogers.

## Foyer Enjoyment

Foyer groups are meeting and enjoying socializing with each other, if they have not had to cancel due to snowstorms.

This photo taken by Paul Rogers shows Ellie Hutchinson serving dessert on February 20th at Joe and Mary Patten's home. Shown in the photo (left to right) Joe Patten, Marty Rogers, Mia Purcell, Mary Patten, Ellie and George Jones. Also in attendance were Harold and Linda Mann, Molly Patten and daughter Delia.

Afternoon tea has been the custom in the Hunt/Spring/McLarty/Oliver-Bagge group. Reports of the foyer team Scrabble game at Dorothy Nyman's house were quite amusing.

*If you've been holding back on joining one of these groups, all I can say is: "Try it, you'll like it!" Contact Marty Rogers. Jim Bowditch, or Joe Patten.*

— Ed.



## Through the Window of the Ordinary

Experiences of Holy Week  
A Photographic Journey with  
Anne Wetzel to be shown at the  
Lincoln Street Center in March.

Anne Wetzel's camera captures Holy Week at Saint James Cathedral in Chicago with all the emotional and visual contrasts that accompany these ancient liturgies—the short-lived, processional daylight of Palm Sunday; the bitter-sweet hospitality of Maundy Thursday; the arid desert of Good Friday; the candlelight of Easter Vigil that finally sunder the darkness of the tomb; the celebratory incandescence of Easter Day.

“When I first started attending the Holy Week services at St. James Episcopal Cathedral, Chicago, I was deeply struck by the visual power of these ancient rites. They are the most important celebrations of the Christian year and I wanted to explore and capture with the camera the interplay of darkness and light; the juxtaposition of the familiar and the strange; moments of inwardness, isolation, intimacy and communion; the vulnerable human being moving in community to encounter the mystery of God.”

Anne Wetzel began her career in photography eight years ago after leaving her administrative position in the Graduate School of Fine Arts at the University of Pennsylvania. Her Holy Week project evolved into an exhibition that has traveled to several venues on the East coast and to Chicago. In July 1998 Anne joined the communication team of the Lambeth Conference of the Anglican Communion in Canterbury, England as a photographer. In May 2000 she spent a week photographing Chartres Cathedral and especially the labyrinth which is an integral part of the cathedral's history. In the spring of 2001 Anne traveled to China, photographing the ancient form of Chinese healing work known as *qi gong*. Anne has exhibited in Philadelphia, Chicago and Maine.



## Hospice Exhibit and Discussion

Kno-Wal-Lin Home Care and Hospice and the Farnsworth Museum will present a photographic exhibit and discussion titled “Mind, Body, Spirit: Hospice in Maine.” The exhibit opens on Saturday, April 9th from 2 PM – 4 PM in the Craig Gallery at the Farnsworth Museum with an interactive panel discussion and viewing followed by a reception. The exhibit will continue through April 22nd.

A panel discussion will address end-of-life issues and include a hospice nurse, chaplain, medical social worker, hospice volunteer, physician, and community member. The discussion will include insight as to how Mainers have historically dealt with quality-of-life issues, historical aspects of hospice and personal reflections of community members. This collaboration of the arts and health care provides a unique opportunity for Kno-Wal-Lin Home Care and Hospice to express its passion for and dedication to providing a journey that is worthy of personal and family dignity. Please join Kno-Wal-Lin

Home Care and Hospice at the Farnsworth Museum on April 9.

This project is partially funded by the Maine Arts Commission and Maine Humanities Council. Please contact Stephanie Woodman, RN Community Liaison Nurse for more information at 594-9561.

## SERVICES IN HOLY WEEK AND EASTER 2005.

Sunday, March 20 — 8 AM and 10:30 AM Celebrations — Sunday of the Passion: Palm Sunday  
*The Liturgy of the Palms and Procession, a reading of the Passion*

Tuesday, March 22, 7 PM -- Ministry of Healing, Anointing and Laying on of Hands

Wednesday, March 23, 7 PM  
Tenebrae “Darkness”  
*An ancient prayer office of Psalms, readings, and extinguishing of lights*

Thursday, March 24, 7 PM  
Maundy Thursday — “The New Commandment”  
*Liturgies of foot washing, Eucharist, stripping the altar and the garden vigil*

Friday, March 25,  
12 Noon — The Way of the Cross  
*The traditional “stations” as prayers for our world*  
7 PM — The Good Friday Liturgy,  
*reading the Passion and the solemn collects*

Saturday, March 26, 5:30 PM  
Easter Eve Vigil  
*Lighting the New Fire and Paschal Candle, Baptism and Eucharist*

Sunday, March 27, 8 AM and 10:30 AM  
EASTER SUNDAY  
*Joyous Eucharistic Celebrations of the Day of Resurrection*

**Series on Addictions/  
Chemical Dependence  
Meets Tuesdays**

Free, open to anyone affected by addiction/abuse of alcohol or other drugs: which means all of us, because addiction affects families and communities.

Tuesday evenings, at St Peter's, 6:30 to 8 PM

**February 22:** Co-dependency: film and discussion facilitated by Susan Drolet, addiction counselor at PenBay Med Center.

**March 1:** Chemical Dependency: medical perspectives. Dr. Mark Jensen, psychiatrist, in private practice in Rockport.

**March 8:** To be announced

**March 15:** Northeast Health proposed community-based detox and recovery program, Chris Schrum, Northeast Health.

For more information contact Sheila Seekins 594-1937

**Readings for Lent**

March 6 I Samuel 16:1-13  
Psalm 23  
Ephesians 5:8-14  
John 9:1-41

March 13 Ezekiel 37:1-14  
Psalm 130  
Romans 8:6-11  
John 11:1-45

March 20 PALM SUNDAY  
Isaiah 50:4-91a  
Psalm 31:9-16  
Philippians 2:5-11  
Matthew 21:1-11

MARCH 24 MAUNDY THURSDAY  
Exodus 12:1-14  
Psalm 116:1-2,12-19  
I Corinthians 11:23-26  
John 13:1-17,31b-35

MARCH 25 GOOD FRIDAY  
Isaiah 52:13-53:12  
Psalm 22  
Hebrews 10:16-25 or 4:14-16;5:7-9  
John 18:1-19:42

**VERGER – What is it?**

Over the past months, the word “verger” has begun to be heard around St. Peter’s. In fact, on Sunday, January 16, the Rector officially commissioned Marilyn Smith to represent St. Peter’s as a verger for diocesan events—and further announced that the Liturgy and Arts Commission is discussing the formation of a “verger’s guild” at St. Peter’s and the congregation should expect to hear more on this topic.

For most of us, the word has a medieval ring. And indeed, it does date from the late Middle Ages when it became necessary to have someone in charge of orchestrating the details for the cathedral and church processions and ceremonial occasions. In fact, the name comes from a medieval weapon called a “verge,” which the head of the procession used to prod people and cattle out of the path of the ongoing procession. Since funerals were among the more prominent ceremonies, it is worth noting that vergers were also charged with seeing that the graves were properly dug and tended!

Over the years, especially in the Anglican tradition, the role evolved and today vergers are lay persons appointed by rectors to assist the clergy with the conduct of public worship. Job descriptions vary from church to church. On the diocesan level, vergers assist the bishop with liturgical celebrations—coordinating all the pieces and unseen details, from being sure the altar is prepared to checking that the hymnals are picked up and put away at the conclusion.

The verger might be called the “Butler for God’s house.” Some of a “Verger’s” activities might be:

- To see that the church is opened and prepared for the ensuing service.
- To be a liturgical “helper” to the rector and/or other parish clergy, assisting with various service details (in the manner of a “butler”)
- To ensure that liturgies run smoothly.
- To work as part of a liturgical team with the altar guild, schedulers, chalice bearers, greeters and acolytes.

- To assist visiting clergy (supply priests, Bishop Knudsen) with needs as appropriate.
- To assist the altar guild with maintenance of liturgical supplies (candles, incense, etc.)
- To assist clergy and family members at funerals and weddings, before, during and after services as appropriate.
- To lead service processions, as Verger, on holy days, or as asked.
- To ensure acolyte vestments are clean, repaired, and ready for services.

Much of the activity is “behind-the-scenes,” preparing for and following services.

For some time, Marilyn Smith has informally served as a verger at St. Peter’s and at the diocesan level. She has increasingly expressed interest in having a vergers’ guild formed at St. Peter’s. Sarah Reynolds, who served as a verger in a former parish, is also interested. In November, the Rector and Liturgy and Arts Commission began a discussion about this and have endorsed a plan to organize a vergers’ guild with final review and approval by the Vestry.

The Liturgy and Arts Commission welcomes all those who think they might be interested in being part of a guild of vergers. If you are able to arrive at the church at least half an hour before a service begins and feel this may be your calling to service and ministry at St. Peter’s, please contact Marilyn Smith (594-4039), a member of the Liturgy and Arts commission, who will be facilitating the next steps in the formation of a verger’s guild which includes outlining a job description for a vergers’ guild, which will fit St. Peter’s needs using this long list as a guide. Meetings and subsequent training will be scheduled.

*Marilyn Smith and Mary Alice Bird,  
Chair — Liturgy and Arts Commission*

## MARDI GRAS — SHROVE TUESDAY and the PANCAKE LUNCHEON

Shrove Tuesday, the eve of Lent — also known as Mardi Gras (literally “fat Tuesday” in French), Carnival (from the Latin for “farewell to the flesh”), and Fasnacht (the Germanic “night of the fast”) — is celebrated across the world with riotous merrymaking and feasting. The English celebrate with Pancake Tuesday. It may seem an unlikely last indulgence, but pancakes use up rich ingredients like butter and eggs from the larder before the pious Lenten fast. Families gather for sweet and savory pancake suppers, and housewives still compete in the peculiar tradition of donning their aprons and racing each other holding-pancake-filled skillets. Strict rules require that each contestant successfully toss and flip her pancakes into the air at least three times before crossing the finish line.

We, at St. Peter’s, recognize this day with our annual Pancake Luncheon sponsored by St. Peter’s Episcopal Church Women

St. Peter’s Church Women had a very successful Shrove Tuesday Pancake Luncheon, thanks to all our willing workers and generous donations of and for supplies.

### The big question?

#### HOW MUCH DID WE MAKE??

The proceeds were \$500 which will be split between the local Meals on Wheels and for relief, through the diocese, of Tsunami Victims.

Our Mardi Gras theme seemed to be very well received with the decorations and many of our workers dressed in costumes of the day lending a festive atmosphere. We will stay with the Mardi Gras theme in the future

I would like to express my heartfelt thanks to all who assisted: our faithful kitchen crew: Nancy Crockett and Brenda Garrison who cooked sausages and filled orders. Brenda’s daughter,

Casey, also helped this year, making it three generations of Pancake Luncheon workers. My thanks to Patt Algrant, and Ann Hurtt who helped with mixing the pancake batter— “the recipe,” our faithful pancake flipper of probably 45-plus years, Betty Kalloch and Mary Hunter. Our dining room staff: Vicki Haskell, Liz Hunt, Lucia Elder, Gloria Young, Heather Ross, Linda Mann, Cindy Lucas, Pat Snow, Olive Elliott, and Marty Rogers. And everyone who helped set up and decorate the parish hall as a dining room in the Mardi Gras theme. Fern Spring, in her usual cashier’s station; our clean up crew who consisted of Joan Alex, Joan Murphy and most of the workers there who stayed to make light work of an already busy day; to George Jones and crew, who set up our tables and chairs and for Paul and Marty Rogers for putting away all the tables and chairs. Thank you, also, Marty for taking care of the signs for the luncheon. Thanks, also, to Deb, who took care of the inserts for our Sunday bulletins.

A special thanks to Steve Alley who helped us all around and did a good stint on the dishwasher.

We served about 100 luncheons, thanks to the wonderful publicity and those who put out posters. Thank you to all who provided ingredients, especially Joe Patton who contributed authentic maple syrup (not just the store-bought kind). Thanks to all our parishioners who attended and supported our efforts or gave a donation.

It is especially wonderful to welcome our faithful friends from the local communities and other parishes. As always, activities such as this are a wonderful opportunity for community building and fellowship within our parish and to contribute to the needs of others.

For those who were unable to attend and would care to make a donation, please leave it in the office or put it in the collection plate clearly marked PANCAKE LUNCHEON, and the secretary, Deb Watson will see that I get it. Thank you all again. *Marilyn Smith*

## WANT TO PARTICIPATE MORE IN THE SERVICE?

You too could be a: • Greeter • Oblationer • Singer • Acolyte • Chalice Bearer • Reader • Bread Baker • Member of the Altar Guild • Lay Eucharistic Minister

Sunday, January 16th, various parishioners participating in the preceding ministries outlined what they do, how it has deepened their spiritual life, and invited others to join them. If you would like to consider helping with one of these roles, please contact any or all of the following: Mary Alice Bird, Chair of the Liturgy and Arts Commission (207-596-6276), Marilyn Smith or St. Peter’s “verger” in training (594-4039). In February, the Liturgy and Arts Commission will be reviewing the current lists of those participating or interested in the various ministries — and will then schedule orientation and training sessions.

## A Blessing

May God bless you with discomfort! — Discomfort at easy answers, half-truths and superficial relationships, so that you may live deep within your heart.

May God bless you with anger! — Anger at injustice, oppression and exploitation of people, so that you may work for justice, freedom and peace.

May God bless you with tears! — Tears to shed for those who suffer from pain, rejection, starvation and war, so that you may reach out your hand to comfort them, turning their pain into joy.

And may God bless you with foolishness! — Enough foolishness to believe that you can make a difference in this world, doing what others claim cannot be done! Amen

*by Bishop Ted Eastman*